

## Sensorimotor Control & Rehabilitation of the Upper Quarter

(SenMoCOR™ UQ)

*Diagnose Precisely. Treat Effectively.*

### Objectives for this IAOM-US Course:

- Describe the application of sensorimotor control & learning principles to upper quarter rehabilitation.
- Apply knowledge of pathology to specific decisions regarding sensorimotor control of the upper quarter.
- Present an evidence-based, comprehensive and systematic model of sensorimotor control to the management of patients with upper quarter pain, dysfunction and or functional performance deficits.
- Classify upper quarter pain / dysfunction patient groups in terms of specific sensorimotor control deficits and management needs.
- Explain the structure and function of key neuromuscular components involved in upper quarter control & performance.
- Demonstrate functional evaluation tools that are aimed at identifying functional deficits and measuring relevant sensorimotor functions found in patients suffering from painful upper quarter conditions.
- Execute specific locomotor and somatosensory fundamental exercise strategies that serve as a foundation for recovery.
- Implement corrective movement strategies that correspond with functional examination findings.
- Relate functional management strategies to clinical examination findings and manual therapy treatment.
- Connect cognitive and biopsychosocial factors to the prescription of a sensorimotor control program in patients suffering from upper quarter pain, dysfunction and or functional performance deficits.



Reserve your seat TODAY: [www.iaom-us.com](http://www.iaom-us.com)

2 DAY COURSES RECEIVE 1.50 UNITS OF CREDIT

**December 7-8, 2019**

**Eugene, OR**

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### COURSE OUTLINE

#### Saturday

8:00– 8:45am	SenMoCOR UE Program	Lecture
8:45– 9:45am	Upper Quarter Functional Examination (UQFE)	Lecture
9:45– 10:30am	UQFE Lab	Lab
10:30– 10:45am	<b>Break</b>	
10:45– 11:15am	UQFE Lab (cont'd)	Lab
11:15– 1:00pm	Shoulder Lecture	Lecture
1:00– 2:00pm	<b>Lunch</b>	
2:00– 3:00pm	Corrective Strategies	Lecture
3:00– 3:30pm	Corrective Strategies Lab	Lab
3:30– 3:45pm	<b>Break</b>	
3:45– 4:30pm	Corrective Strategies Lab (cont'd)	Lab
4:30– 5:00pm	Fundamental Performance (St & End)	Lecture

#### Sunday

8:00– 8:45am	Somatosensory Lecture	Lecture
8:45– 9:45am	Fundamental Somatosensory Lab	Lab
9:45– 10:45am	UQ Composite Training	Lecture
10:45– 11:00am	<b>Break</b>	
11:00– 12:30am	UQ Composite Training Lab	Lab
12:30– 1:30pm	<b>Lunch</b>	
1:30– 2:15pm	RLST Functional Integration	Lab
2:15– 3:30pm	RLST Functional Training Lab	Lab
3:30– 3:45pm	<b>Break</b>	
3:45– 4:45pm	Case Studies	Lab
4:45– 5:00pm	Summary & Adjourn	